

Personal Independence Payments (PIP)

If you need extra help because of an illness, disability or mental health condition you could get Personal Independence Payment (PIP).

You don't need to have worked or paid National Insurance to qualify for PIP, and it doesn't matter what your income is, if you have any savings or you're working.

The main eligibility rules

- You won't be able to make a new claim for PIP once you reach State Pension age.
- You'll continue to get PIP if you were getting it before you reached State Pension age, unless your circumstances change.

To be eligible for PIP you must be aged between 16 and your State Pension age. You can [check your State Pension age](#) on GOV.UK.

You must also:

- need help with everyday tasks or getting around
- have needed this help for 3 months and expect it to need it for another 9 months
- usually be living in England, Scotland or Wales when you apply
- have lived in England, Scotland or Wales for at least 2 years - unless you're a refugee or an immediate family member of a refugee

There are exceptions to these rules if you're terminally ill or in the armed forces.

If you're already getting DLA and the DWP asks you to claim PIP [there are different rules](#).

If you have a terminal illness the rules about how long you need help for and living in England, Wales or Scotland for 2 years don't apply. See our advice on [how to claim PIP if you're terminally ill](#).

If you're in the armed forces (or a close family member of someone who is) the rules on living and applying in England, Wales or Scotland don't apply.

Your illness, disability or mental health condition

PIP is not based on the condition you have or the medication you take. It is based on the level of help you need because of how your condition affects you.

You're assessed on the level of help you need with specific activities. It's hard to say if the level of help you need will qualify you for PIP. But, if you get or need help with any of the following because of your condition, you should consider applying:

- preparing and cooking food
- eating and drinking
- managing your treatments
- washing and bathing
- managing toilet needs or incontinence
- dressing and undressing
- communicating with other people
- reading and understanding written information
- mixing with others
- making decisions about money
- planning a journey or following a route
- moving around

The help you get may be from a person, an aid (such as a walking stick or guide dog) or an adaptation to your home or car.

To make a claim call 0800-917-2222, you will need your G.P.s name address and telephone number, and your bank details, they will send out a PIP2 form to complete.

For further information or assistance with your application, Contact Craigdale Housing Associations Advice Team